

Quesadillas Con Queso

Courtesy Reuben Caro

Ingredients:

1 Cambrooke Foods Plain or Tomato Wrap (9 phe)

45 gm Cambrooke Foods shredded Cheddar or Mozzarella Cheese (68 phe)

3 T. Fresh mashed avocado (24 phe)

Cut Wrap in half

Sprinkle cheese over $\frac{1}{2}$ of the wrap and grill for 2 min.

Spread avocado evenly over grilled wrap, place other half of wrap on top and grill for 2 min.

Remove cooked wrap from grill and cut into 4 triangles

PHE = 101 PHE per Quesadilla or 25 PHE per piece